	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereal Fruit Toast				
Drink	Water or Milk				

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cheese chunks and vegetable sticks	Cheese Spread Cracker	Melon	Oat bar	Rice Cakes
PM	Breadsticks and Dip	Pear	Ryvita with boiled egg	Grapes	Banana

Week 3	Lunch	Tea
Monday	Chilli Con Carne and Rice with Home Made	Jacket Potato with Tuna mayo.
	Tortilla Chips.	
Pudding	Apple	Kiwi
Vegetarian Option	Quorn Chilli and Rice with Homemade	Jacket Potato with Tuna.
	Tortilla Chips.	
Pudding	Apple	Kiwi
Tuesday	Roast Chicken, Roast Potatoes, mixed	Ham and Egg Wraps with Pepper Sticks.
	Vegetables, Yorkshire Pudding and Gravy.	
Pudding	Pineapple	Shortbread
Vegetarian Option	Quorn Chicken, Roast Potatoes, mixed	Cheese and Egg Wraps with Pepper Sticks.
	Vegetables, Yorkshire Pudding and Gravy.	
Pudding	Pineapple	Shortbread
Wednesday	Cheesy, Broccoli Pasta Bake with Sweetcorn.	Beans on Toast
Pudding	Cake	Satsuma
Vegetarian Option	Cheesy, Broccoli Pasta Bake with Sweetcorn.	Beans on Toast
Pudding	Cake	Satsuma
Thursday	Fishcakes, Potato wedges and Peas.	Cheese and Houmous Sandwiches with
		Cucumber Sticks
Pudding	Natural Yogurt and Strawberries	Pear
Vegetarian Option	Fishless Fingers, Potato wedges and Peas.	Cheese and Houmous Sandwiches with
		Cucumber Sticks
Pudding	Natural Yogurt and Strawberries	Pear
Friday	Cottage Pie with Mixed Vegetables.	Homemade Pizza
Pudding	Watermelon	Fruit Salad
Vegetarian Option	Quorn mince Cottage Pie with Mixed	Homemade Pizza
	Vegetables.	
Pudding	Watermelon	Fruit Salad