	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereal Fruit Toast				
Drink	Water or Milk				

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Rice Cakes	Banana	Oat bar	Melon	Cheese
					Spread
					Cracker
PM	Pear	Breadsticks and	Cheese chunks	Ryvita with	Grapes
		Dip	and vegetable	boiled egg	
			sticks		

Week 2	Lunch	Tea		
Monday	Vegetable and Sweet Potato Curry and	Homemade Pizza		
	poppadom's.			
Pudding	Grapes	Plums		
Vegetarian Option	Vegetable and Sweet Potato Curry and	Homemade Pizza		
	poppadom's.			
Pudding	Grapes	Plums		
Tuesday	Spaghetti Bolognaise with Hidden Vegetables	Ham and Tuna Sandwiches with Carrot		
	and Crusty Bread.	Batons.		
Pudding	Rice Pudding	Watermelon		
Vegetarian Option	Quorn Spaghetti Bolognaise with Hidden	Cheese and Egg Sandwiches with Carrot		
	Vegetables and Crusty Bread.	Batons.		
Pudding	Rice Pudding	Watermelon		
Wednesday	Roast Chicken, Roast Potatoes, Broccoli,	Vegetable Rice		
	Cauliflower and Gravy.			
Pudding	Strawberries	Apple		
Vegetarian Option	Quorn Chicken, Roast Potatoes, Broccoli,	Vegetable Rice		
	Cauliflower and Gravy.			
Pudding	Strawberries	Apple		
Thursday	Macaroni Cheese with Sweetcorn.	Beans on Toast		
Pudding	Cake	Pear		
Vegetarian Option	Macaroni Cheese with Sweetcorn.	Beans on Toast		
Pudding	Cake	Pear		
Friday	Fish Pie with Green Beans	Hot dogs		
Pudding	Banana	Fruit Salad		
Vegetarian Option Vegetable Bake with Green Beans		Vegetarian Sausage Bap		
Pudding	Banana	Fruit Salad		